About Us

Heartfile is a non-profit NGO think tank with a focus on analytical work and innovative solutions for improving health systems in order to achieve Universal Health Coverage in Pakistan, and in other developing countries.

Our focus

Analysis and advocacy at the health policy and systems level: we focus on analyzing health systems’ policies and strengthening the evidence base of health reform. Most of this work is generated at Heartfile’s initiative but some work in research and analysis may be commissioned by UN agencies. Heartfile maintains intellectual independence and integrity in all commissioned work by controlling the research design and scope, methodology, and reporting of results. We also provide an independent voice for the protection and promotion of health.

Innovative solutions for improving health systems: we develop and deploy innovative solutions for health systems’ strengthening. The Heartfile Health Financing project and Heartfile’s work in non-communicable diseases is part of this approach. Heartfile Health Financing is an mHealth enabled social protection systems which enables financial access of the poorest of the poor to healthcare. As a “development initiative” it is Heartfile’s practical entry point to health reform, whereas as a “humanitarian initiative” it protects people from medical impoverishment, indebtedness and forgoing care altogether.

At Heartfile, we seek act with integrity, to be inclusive, and to work co-operatively while retaining our independence at all times. We aim to be apolitical and evidence-based in our positions, prioritize the good of people and strive to develop indigenous responses to health issues.
Heartfile was established by Dr Sania Nishtar, Founder in 1998.

View Heartfile factsheet here.