

# **Quarterly Update**

**D e c e m b e r 1 – M a r c h 3 1 , 2 0 0 5**

**From the NCD Program Unit at Heartfile**

---

**NATIONAL ACTION PLAN FOR PREVENTION AND CONTROL OF  
NON-COMMUNICABLE DISEASES AND HEALTH PROMOTION IN PAKISTAN**

**(First Phase of Implementation)**

# NATIONAL ACTION PLAN FOR PREVENTION AND CONTROL OF NON-COMMUNICABLE DISEASES AND HEALTH PROMOTION IN PAKISTAN

(FIRST PHASE OF IMPLEMENTATION)  
Quarterly Update as of March 31, 2005

| Sr. No. | ACTIVITY  | TIMELINES    | ROLE OF PARTNERS   |  |  |   |  |   |
|---------|---|--------------|--|--|--|---|--|---|
|         |   |              | HEARTFILE  |  | MINISTRY OF HEALTH   |   | WORLD HEALTH ORGANIZATION                                      |   |
|         |   |              | Expected   | Delivered  | Expected   | Delivered   | Expected   | Delivered                                     |
| 1       | OVERALL FUNDING SUPPORT   | Dec - Mar 05 | —  | Generated all funding for the pilot surveillance activities in the district of Rawalpindi – process ongoing to generate funding for the BCC component  | MOH had to release the budget for all activities                 | Funding has been released and is in the channel for utilization | To provide JPRM support for selected activities                | JPRM funds consumed for stipulated activities |
| 2       | SURVEILLANCE  | Dec - Mar 05 | Final report of the Rawalpindi surveillance project is expected in the first quarter of 2005 | The final report will be released first week of April 2005   | -  | -   | To provide JPRM resources for the extra sample size collection | The first installment has been released       |
|         |   |              | To develop a proposal for nation wide surveillance   | Preliminary consultations ongoing with Federal Bureau of Statistics and the Pakistan Medical and Research Council to upscale the pilot activity at a national level utilizing the infrastructure of PMRC | Involvement in the consultations                                 | Achieved  | Involvement in the consultations                               | Achieved                                      |
| 3       | BEHAVIOURAL CHANGE COMMUNICATION STRATEGY                               | Dec - Mar 05 | Prepare technical materials  | Technical materials have been done   | Release budget for the campaign                                  | Funds have been released and are ready to be utilized           | -  | -   |
| 4       | LHW COMPONENT   |              |  |  |  |   |  |   |
|         | To hold consultation to define the technical content of the LHW package | Dec- Mar 05  | The consultation should have been held and technical materials prepared                      | Technical material has been prepared and the consultation is now rescheduled for the second quarter of 2005  | To release the budget for trainings and to hold the consultation | Preparations are ongoing  | To mobilize JPRM resources                                     | Achieved                                      |

| Sr. No. | ACTIVITY   | TIMELINES    | ROLE OF PARTNERS                                     |   |   |                 |                                    |   |
|---------|--|--------------|--|---|---|-----------------|------------------------------------|---|
|         |  |              | HEARTFILE  |   | MINISTRY OF HEALTH                        |                 | WORLD HEALTH ORGANIZATION          |   |
|         |  |              | Expected   | Delivered   | Expected                                  | Delivered       | Expected                           | Delivered                                 |
| 5       | <b>TO SEEK DONOR SUPPORT FOR THE ACTION PLAN</b> | Dec - Mar 05 | To discuss the concept with prospective donors       | Ongoing   | Schedule meeting with donors              | Pending         | Participation in the consultations | Will be sought when meetings are arranged |
| 6       | <b>PUBLICATIONS AND INTERNATIONAL NETWORKING</b> | Dec - Mar 05 | To share experiences relating to the NAP-NCD         | A special Supplement of the JPMA <sup>1</sup> dedicated to NAP-NCD published in Dec 04 and disseminated.<br><br>Work ongoing to develop a global advocacy tool<br><br>BMJ issue of March featured an article on the NAP                   | —   | —               | —                                  | —   |
| 7       | <b>PROGRESS ON SPECIFIC DOMAINS</b>              |              |  |   |   |                 |                                    |   |
|         | Road Safety                                      | Dec - Mar 05 | To develop the next steps based on the action agenda | Road safety consultation held on January 8, 05<br><br>Came up with the five action items based on the meeting recommendations   | To setup a national road safety committee | In process      |                                    |   |
|         |  |              | Data collection                                      | Data collection on road safety is part of pilot surveillance activities for the district of Rawalpindi and is due for publication in the second quarter of 2005<br><br>Spots on road safety are part of the BCC public awareness campaign | Release funding                           | In the pipeline |                                    |   |
|         |  |              | To hold a national training activity                 |   | Release funding                           | In the pipeline |                                    |   |

<sup>1</sup> Journal of Pakistan Medical Association

## **Circulation**

**From:**

---

Dr. Sania Nishtar  
President, Heartfile

**To:**

---

1. Core team members
  2. Technical Partners in NAP NCD
  3. Members of the National NCD Forum
  4. Members of the International Advisory Board
-