

Restricted Circulation

PLANNING PROCESS

NATIONAL ACTION PLAN
for the prevention and control of Non Communicable Diseases in Pakistan

A summary document



Heartfile

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NATIONAL ACTION PLAN

For the prevention and control of Non Communicable Diseases in Pakistan

Purpose

To chart a course of Action for the Government of Pakistan, with the World Health Organization and Heartfile as partners, for achieving national goals for the prevention and control of Non Communicable Diseases in Pakistan over the next two decades, to 2010 and 2020.

Background

The impetus for the formulation of the National Action Plan stems from evidence indicating that the increasing burden of non communicable diseases poses a major health challenge in Pakistan and is likely to incur significant costs in health care and lost productivity. In contrast, these diseases do not feature prominently in Pakistan's National Health Policy and are not addressed in a prevention and control paradigm. Therefore the need for specific action to be taken in their direction has been recognized.

The Ministry of Health, Government of Pakistan, in collaboration with the World Health Organization and Heartfile has initiated a process to develop the National Action Plan for the Prevention and Control of Non Communicable Diseases in Pakistan (The Action Plan). This collaboration has been developed under a formal agreement for which a memorandum of Understanding has been signed (<http://heartfile.org/napmou.htm>). Heartfile, has been given the responsibility to coordinate the development of this Action Plan. This initiative has been officially launched by the First Lady of Pakistan on April 30, 2003 (<http://heartfile.org/naplc.htm>)

The process for developing the Action Plan has been extensively discussed by the members of the tripartite collaboration and key stakeholders in a series of formal meetings (<http://heartfile.org/nappm>) and informal discussions. Needed input is already being received, especially from key stakeholders. However, this input must be greatly expanded in the

coming month to meet the goal of a well-considered and widely-adopted Plan by the end of June 2003.

Accordingly, a process has been designed to engage members of tripartite collaboration, the scientific community, public health practitioners, related organizations, all other stakeholders, and key leadership and staff in development of the Plan. This document presents the planning process for the information of all interested parties. It addresses the planning process, organizational structure, general process and format, and overall timeline.

ORGANIZATIONAL STRUCTURE (please see figure at the end of the document)

The attached figure illustrates the organizational structure designed to develop the Action Plan. The organizational structure outlines two key groups: namely, the National NCD Forum and the International Advisory Board (IAB).

THE NATIONAL NCD FORUM

The National NCD Forum will be constituted by the members of the Core Group, the Scientific and the Support Committees.

1. Core Group

The Core Group will consist of the Coordinator, Focal Points, Project staff, and Working groups.

Coordinator

The Memorandum of Understanding outlines that the Coordinator will be based at Heartfile, where the secretariat will also be housed for the duration of the project. The Coordinator will maintain a close collaboration with the Focal points at the Ministry of Health and WHO and will be responsible for conceptualizing the overall direction and vision and for implementing and coordinating the practical details of the project.

Focal Points

The Ministry of Health, the World Health Organization and Heartfile will each nominate an individual to act as a Focal Point. The Coordinator based at Heartfile will be the Focal Person at Heartfile.

Project Staff

The Project Staff will consist of a group of individuals who will be employed on a full or on a part time basis to work under the guidance of the Coordinator. The project staff will be based at the Secretariat at Heartfile and will report to the Coordinator.

Working Group

The Working group will consist of a group of members from the scientific committees who will assist the Project Staff in writing the draft reports.

2. Scientific Committees

Seven Scientific Committees will be constituted; these will include a committee each for Cancer, Cardiovascular diseases, Chronic Lung Diseases, Diabetes, Tobacco, Injuries and Mental health. Members of the committees will include professionals with a background in clinical medicine, epidemiology and public health. Other than professionals with individual scientific expertise, representatives from Professional Societies, Foundations and NGOs in the respective field will also be included in Scientific Committees.

3. Support Committees

Support Committees will be constituted with the following composition:

- Committee on information: consisting of health education experts, representatives of the media, Ministry of Education, advertising consultants
- Committee on Education: consisting of representatives from the Ministry of Education, representatives from the academic circles, private and public sector educational institutions and student activists
- Committee(s) consisting of representatives from the Provincial Health Departments including technocrats, bureaucrats, personnel relating to health financing and planning

- Committee consisting of donors and development agencies: including representatives from international aid agencies, local development NGOs and social development organizations
- Committee consisting of legislators and local government representatives
- Committee consisting of community members and local activists
- Committee comprising of the clergy

INTERNATIONAL ADVISORY BOARD

An expert Advisory Board will be constituted which will provide inputs to the planning process and the draft reports

PROCESS OF DEVELOPING THE NATIONAL ACTION PLAN

The steps leading to the development of the Action Plan are summarized below. Points 1, 2 and 4 will constitute components of the Situational Analysis.

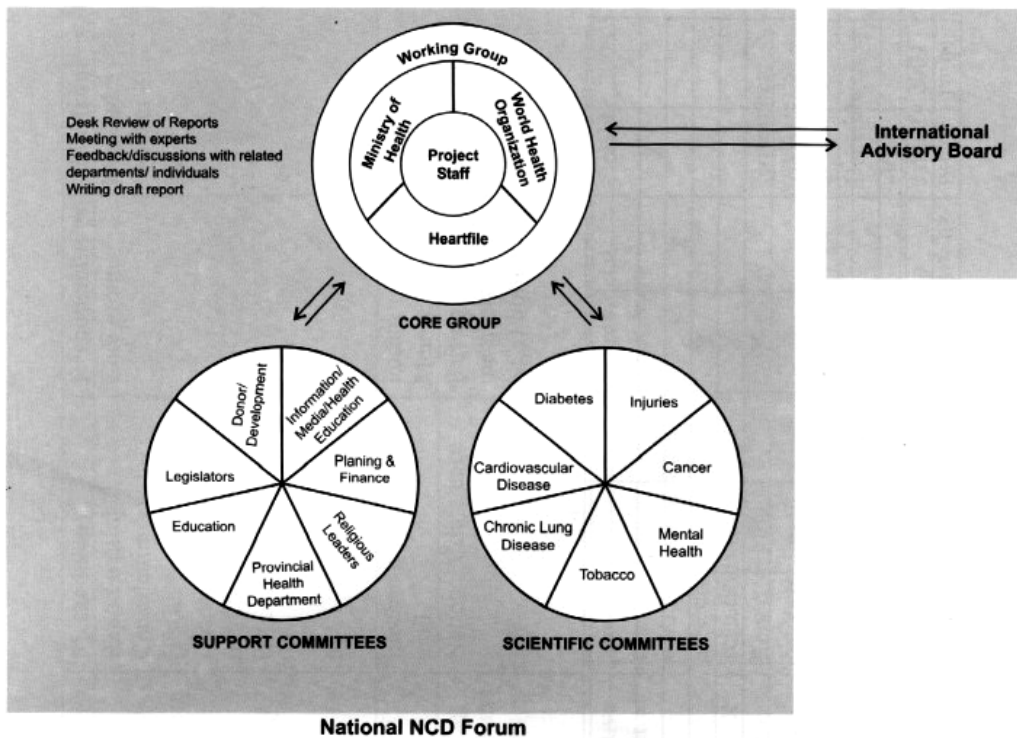
No.	Activity	Methodology	Responsibilities	Time frame
1.	Review of epidemiological data relating to the seven domains in NCDs in Pakistan	Desk top review	Core group	Concludes August 30, 2003
2.	Review of international best practices relating to the prevention and control of NCDs	Desk top review and report writing	Core group	Concludes August 30, 2003
3.	<p>Examination of programs and policies in Pakistan: within the framework of 2, what is the situation in Pakistan with regard to:</p> <ol style="list-style-type: none"> 1. Review of existing prevention and control related efforts 2. Gaps relating to policy, implementation and research 3. Potential of 3 (1) to be upgraded / up scaled / built upon / integrated with <p><i>If specific questions cannot be answered without inputs from the provinces, specific provincial consultations will be designed to answer the specific query at this stage</i></p>	Independent consultations/ meeting with relevant individuals in respective ministries and other relevant organizations	Core group	Concludes August 30, 2003
4.	7 technical workshops in NCD domains: to bring together members of the scientific committees with the objective of brainstorming, within their respective domains, the key challenges and a proposed outline of recommended Actions	7 one day Workshops with a given format for feedback	<p><i>a. Cancer</i></p> <p><i>b. CVD</i></p> <p><i>c. Lung Diseases</i></p> <p><i>d. Mental Health</i></p> <p><i>e. Injures</i></p> <p><i>f. Diabetes</i></p> <p><i>g. Tobacco</i></p>	June-July

No.	Activity	Methodology	Responsibilities	Time frame
5.	Model building of the Action Plan <ul style="list-style-type: none"> • A culturally and socially relevant theoretically ideal Action Plan • Financial projections of the ideal Action Plan and analysis of the economic perspective • Model Building of an economically feasible and socio-culturally relevant Action Plan <i>Draft 1</i> produced	Report writing / Consultations with Health planners and finance dept / incorporation of inputs in the draft	Core group	Concludes October 31, 2003
6.	Dissemination of <i>draft 1</i> to the members of the National NCD Forum and IAB	Electronic / surface mail	Forum Members/ IAB	October, 2003
7.	National Consensus Conference with the objective of getting feedback on the situational analysis and the proposed model and getting feedback from the scientific and technical committees for Model building Incorporation of suggestions to produce <i>draft 2</i>	National Conference	Participation of members of the NCD Forum	October, 2003
8.	Provincial Workshops: analysis of the provincial perspective with inputs from the provincial representatives of the Technical and Scientific Committees on draft 2	Provincial consultations with representatives of all technical and scientific committees	5. Provincial workshops	October, 2003
9.	Draft 3 incorporation of the provincial perspective to produce draft 3 which may be province specific	Report writing incorporating feedback received	Core group	November, 2003
10.	Feedback from the IAB on draft 3	Electronic feedback	IAB	December, 2003
11.	Final Report	Desktop compilation	Core group	January 2004

Calendar of activities: National Action Plan for the prevention and control of NCDs in Pakistan

	Activity	May 03	June 03	July 03	Aug 03	Sep 03	Oct 03	Nov 03	Dec 03	Jan 04
1	Burden of disease analysis		X	X	X					
2	6 technical workshops		X	X	X					
3	Review of best practises		X	X	X					
4	Analysis of programs and policies		X	X	X					
5	Model Building					X	X			
6	Draft 1						X			
7	National Conference and Draft 2						X			
8	Priority setting	X	X	X	X	X	X			
9	Provincial Workshops					X	X			
10.	Draft 3							X		
11.	Feedback from the IAB								X	
12.	Final report									X

Organizational Structure



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